



Odyssey Newsletter

November 2021

Greetings!

Message from our Executive Director

Dear Odyssey Community:

Thank you for your continued support of Odyssey. We cannot serve our community without you. As we continue to learn how to live through the complexities of the COVID-19 pandemic, Odyssey has successfully reincorporated our in person service delivery model while continuing to offer virtual telehealth as needed. While we are happy to find some return to normalcy, we are also mindful that this continues to be a challenging



time. We want to remind ourselves and you that there is always support available and that it's okay to reach out for help. We all need support from time to time! We are grateful that your support for our agency has continued full force, thanks to all our partners, and board members who have continued to bolster our mission, our team which has worked through a multitude of challenges with determination and cheerfulness, and our donors, who have continued to show generosity during this uncertain time.

Odyssey is here for all the people and families who need us...and has been here for nearly 50 years.

TOTAL LIVES TOUCHED BY
OFCC IN FY 20-21:

1,042

As we begin our end-of-year celebrations, we are grateful to you for supporting our work and making our mission possible. Your investment in Odyssey is a tremendous asset to our success.

As you consider your year-end charitable gifts, please consider once again funding Odyssey Family Counseling Center.

Please open your heart today to help heal the hearts and minds of those less fortunate, and who are struggling with mental health challenges.

With gratitude,



Charles Releford, Jr,
Executive Director

**Kendra Scott Shopping Event:
Shop for *OUR* Mission!**

Save The Dates!

On **November 12th and 13th**, Odyssey will team up with Kendra Scott for a fundraiser to benefit our



KENDRA GIVES BACK

20% of purchases benefit Odyssey Family Counseling
Center

NOVEMBER 12-13

KENDRA SCOTT

Shops Around Lenox | 3400 Around Lenox Rd NE,
Ste 216 Atlanta, GA 30326

Shop online with code: GIVEBACK-AQEDC



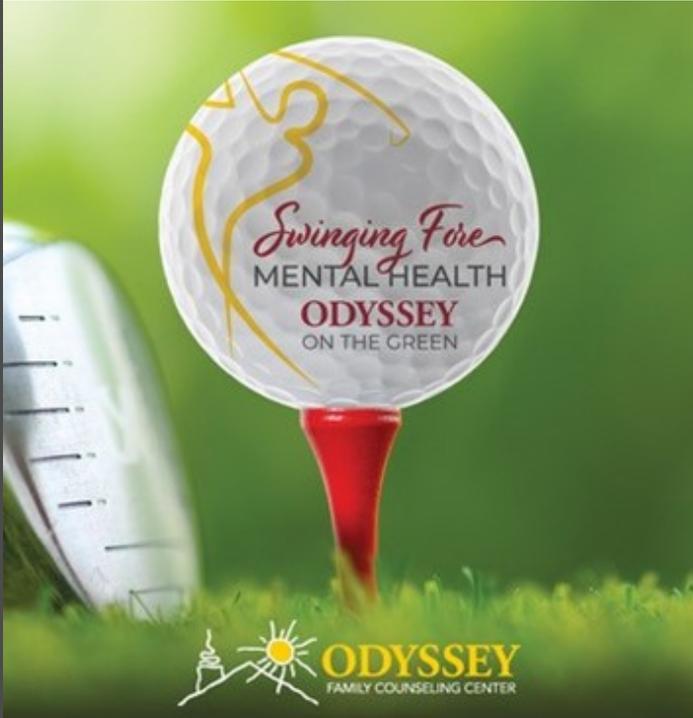
KENDRA SCOTT

The Event – Kendra Gives Back

This event will take place November 12th and 13th at the Kendra Scott located at *Shops Around Lenox*, 3400 Around Lenox Rd, NE Suite 216 Atlanta GA 30326. During this time, 20% of all proceeds will go towards ensuring children and adults find wellness, hope, and recovery. If you're interested in participating, all you have to do is stop in and make a purchase!

Live somewhere other than Atlanta or are unable to shop in person? No problem! **Shop online** November 12th-13th and enter code GIVEBACK-AQEDC at checkout!

Odyssey on the Green: "Swinging FORE Mental Health" Inaugural Golf Tournament



*Making a difference
in someone's life has never
been so much fun.*

Join us for Odyssey Family Counseling Center's
2022 Inaugural Golf Tournament
Odyssey on the Green, Swinging Fore Mental Health
for a day of friendly competition and meaningful
impact! By participating in this event, you are
partnering with Odyssey to provide accessible,
quality behavioral health services that create
hope, healing, and community.

Flat Creek Golf and Country Club
100 Flat Creek Road
Peachtree City, GA 30269

**For Sponsorship &
Registration Information:**
Contact Stephanie Shapiro at
678-520-5325
or sshapiro@odysseycounseling.org



Facebook: facebook.com/OdysseyFamilyCounselingCenter/
Instagram: instagram.com/odysseyfamilycounseling/
Twitter: twitter.com/odyssey_family

SAVE THE DATE: MONDAY, MAY 16, 2022

Odyssey Family Counseling Center is having our inaugural **Odyssey on the Green, Swinging Fore Mental Health** golf tournament on **Monday, May 16, 2022**, at Flat Creek Golf and Country Club located in Peachtree City, GA. Proceeds from the event will be used to provide comprehensive services including mental health counseling, substance abuse counseling, and mental health prevention and education services to individuals and families in the metro-Atlanta area. Odyssey offers evidenced-based treatment for children, teens, and adults, who otherwise, cannot access quality services or complete the treatment they need.

**Early Bird Special!! Register your foursome before
December 31, 2021 and receive \$50.00 off!!**

Please visit our Tournament Website at:

If you would like additional information on **Sponsorship opportunities** or to **Register**, please contact **Stephanie Shapiro, Director of Development**, at **sshapiro@odysseycounseling.org** or **(404) 762-9190**.

Odyssey Family Counseling Center Spotlights Apex Clinician, Arlicia Johnson



"I am a new member of the School-Based Mental Health Program as an Apex Clinician. In this role, I am utilized as a supportive resource for faculty and students at College Park Elementary and Love T. Nolan Elementary Schools. Offering individual, family, and group

counseling opportunities, I provide much needed support to students who are experiencing difficulties at home and/or school.

I promote and provide resources in the community that focus on mental wellness and connect how the last 18 months of the pandemic have impacted our mental health. As we are learning to navigate the new norms of society, I am diligent in my efforts to maintain and follow appropriate COVID- 19 protocols in the school setting. Clinicians and students are expected to wear their masks throughout the duration of their appointment while maintaining six feet distance, when possible. My office space, as well as supplies, toys, etc., are sanitized and disinfected before and after student's appointments. It is important that these spaces are safe for everyone. I am excited to continue supporting the schools and families as we all look forward to healing and navigating challenges this year. I am grateful to be a part of the Odyssey team and experience the positive impact we have in helping children achieve stability and success."

Odyssey's School-Based Mental Health Program has grown each year since it was officially initiated in 2014. We are now working in partnership with 26 Fulton County schools to provide mental health services to students who otherwise can't access the help they need to

address behavioral health challenges. Since 2018, services at four of these schools have been funded by an Apex grant awarded to Odyssey. Part of a nationwide effort, the Apex program expands mental health services offered at schools to at-risk children and teens and allows Odyssey to provide multi-disciplinary support to the children and the school. In addition to mental health counseling and prevention and education services, at Apex-funded schools our counselors attend parent-teacher conferences, work with teachers, parents and guardians, to create Individual Education Plans (IEP) and participate in a variety of school activities.



***We are accepting new clients for
Telehealth
and now In Office.***

To make an appointment call 404-762-9190 or
email intake@odysseycounseling.org

Donate



Visit our website



Odyssey Family Counseling Center
1919 John Wesley Avenue
College Park, GA 30337



404-762-9190



info@odysseycounseling.org